



Rise & Learn

2024 Training Calendar

Rise & Learn Global is a leadership and human resource solutions organization that believes in impacting lives and multiplying the impact.

We seek to offer real solutions to real world problems through programs that have measurable impact. We strive to create memorable experiences for our clients every single day.

We Offer:

1. HR Consulting
2. HR Outsourcing for SMEs
3. Leadership Development
4. Corporate Training
5. E-learning Solutions
6. Coaching Services
7. Recruitment & Psychometric Assessments
8. On Demand Programs

NO	COURSE	TARGET	DURATION	DATE	TRAINING VENUE	Fees (KES) others in \$ Exc VAT
May						
1	World Game Conference	Coaches ,Aspiring Coaches, HR Leaders, People Managers	2 days	7 th - 8 th	Thailand	USD 734
2	Driving Innovation and HR Management Excellence	HR Directors, HR Managers, CEOs and Business Leaders, C-Suite & Heads of Departments	2 days	30 th - 31 st	Nairobi	KES 45,000
June						
3	Customer Service and Communication Skills Training Program	Customer Service Executives, Receptionists, All Staff Handling Customers, those interested in improving their customer relations skills	3 days	5 th -7 th	Kenya	KES 65,000
October						
4	6th East Africa HR Symposium	HR Practitioners, CEOs, Directors, Senior Managers, HODs & Unit Heads	3 days	16 th - 18 th	Nairobi	KES 85,000

2024 Coaching Certification Programs

ERICKSON SOLUTION-FOCUSED	ERICKSON SOLUTION-FOCUSED	ERICKSON SOLUTION-FOCUSED
<p style="text-align: center;">COACH CERTIFICATION PROGRAM</p>	<p style="text-align: center;">COACH PROGRAM LEVEL 2 <small>(Erickson Level 2 product for ACC ICF Credential)</small></p>	<p style="text-align: center;">COACH PROGRAM LEVEL 1 <small>(Erickson Level 1 product for ACC ICF Credential)</small></p>
<p>The Essentials Course 16 sessions at 3h15 min · 1 x 30 min Recording</p> <p style="text-align: center;">+</p> <p>The Advanced Course 16 sessions at 3h15 min · 2 x 30 min Recordings · 6 Triads logged</p>	<p>The Essentials Course 16 sessions at 3h15 min · 1 x 30 min Recording</p> <p style="text-align: center;">+</p> <p>The Advanced Course 16 sessions at 3h15 min · 2 x 30 min Recordings · 6 Triads logged</p> <p style="text-align: center;">+</p> <p>The Level 2 Mentor Bundle · 1 x Group Mentoring at 4h20 min @PCC level after Adv. Applications · 6 x 1:1 Mentoring at 1 hour · 1 x Oral assessment at 1 hour</p>	<p>The Essentials Course 16 sessions at 3h15 min · 1 x 30 min Recording · 3 Triads logged</p> <p style="text-align: center;">+</p> <p>The Advanced Course 16 sessions at 3h15 min · 2 x 30 min Recordings · 6 Triads logged</p> <p style="text-align: center;">+</p> <p>The Level 1 Mentor Bundle · 2 x Group Mentoring at 3h45 min @ACC level after Essentials · 3 x 1:1 Mentoring at 1 hour</p>
<p>After successful completion, the Learner is granted the formal designation:</p>	<p>After successful completion, the Learner is granted the formal designation:</p>	<p>After successful completion, the Learner is granted the formal designation:</p>
<p>Erickson Professional Coach (EPC)</p>	<p>Erickson Certified Professional Coach (ECPC)</p>	<p>Erickson Certified Accredited Coach (EAC)</p>

For more information and reservation:
Contact Us
+254 726 212 769
admin@erickson-coaching.ke



COACH ACCREDITATION PROGRAM –THE ART AND SCIENCE OF COACHING

Target: CEOs, Business Owners, HR Practitioners, Directors, Senior Managers, HODs & Unit Heads, Consultants, Individual Contributors, Personal Growth Enthusiasts

TIME	DATE	DURATION	LOCATION	PRICE
Monday & Thursdays 5:00pm - 8:15pm	15 th Apr - 13 th Jun	16 Days	Virtual	KES. 430,000 USD 2,900
Physical - Daily Program (8:30am -5:00pm)	13 th - 22 nd Aug	8 Days	Arusha, Tanzania	KES. 430,000 USD 2,900
Monday & Thursdays 5:00pm - 8:15pm	12 th Aug - 24 th Oct	16 Days	Virtual	KES. 430,000 USD 2,900
Physical - Daily Program (8:30am - 5:00pm)	17 th - 26 th Sep	8 Days	Kampala, Uganda	KES. 430,000 USD 2,900

NB: "Trainings can be tailored to meet organizational needs according to the company's goal or objectives."

CERTIFIED PROFESSIONAL IN MANAGEMENT® BY MANAGEMENT CENTRE EUROPE (MCE)

NO	COURSE	TARGET	DATE	DURATION	TRAINING VENUE	Fees (KES) others in \$ Exc VAT
1	Certified Professional in Management® (MCE)	Chief Executives, Business Owners, Government Directors/ Heads of Ministries, HR Directors, Senior Administrators, C- Suite Executives	4 Days	23 rd - 26 th April	Kampala, Uganda	USD 800
2	Certified Professional in Management® (MCE)	Chief Executives, Business Owners, Government Directors/ Heads of Ministries, HR Directors, Senior Administrators, C- Suite executives	4 Days	14 th - 17 th May	Kenya	USD 800
3	Certified Professional in Management® (MCE)	Chief Executives, Business Owners, Government Directors/ Heads of Ministries, HR Directors, Senior Administrators, C- Suite Executives	4 Days	16 th - 19 th July	Tanzania	USD 800

ON DEMAND PROGRAMS

NO	TOPICS	TARGET GROUP	DURATION
1.	1. Acing Interviews for Leaders	Managers, Recruiters, HR Practitioners, HR Consultants, Sales Consultants	2 Days
2.	2. The New Generation Leader	Leaders, Managers, Supervisors	3 Days
3.	3. Coaching Skills for Leaders	Leaders, Managers, Supervisors	2 Days

Reach out for details and pricing

Youth Empowerment



InMySteps is an initiative that will match organizations with interns, while giving the latter training, mentorship and career coaching. Through this platform, African youth will gain practical work experience which will open doors for them to access meaningful work opportunities.

Our Transformation Process

Currently, the government of Kenya is the main supporter of internships and attachments at 46.43%, but these opportunities are not easy to access. InMySteps is committed to changing this. Here's how:

- ➔ **Enlist:** Ensure a rigorous and open recruitment of qualified interns
- ➔ **Engage:** Prior to joining the host organisation, train interns on basic professional skills and etiquette for the work place
- ➔ **Connect:** Link the recruited interns to assigned mentors
- ➔ **Measure:** Carry out entrance and exit interviews for both interns and the host organisation to ensure value for both parties
- ➔ **Community:** Create a platform for all In My Steps alumni to keep in touch

InMySteps is committed to helping young people coming out of tertiary training to get access to opportunities to practice their trade, get mentorship and access career coaching

Are you a change maker? Would you like to give back to society and nurture young professionals?

Visit our website or call us today to register:
<https://inmysteps.riseandlearn.ke>

INMYSTEP PROGRAM

NO	EVENT	DURATION	DATE	TRAINING VENUE	Fees (KES) others in \$ Exc VAT
1	Cohort 4 Training	3 Days	6 th - 8 th March	Citam , Valley Road	N/A
2	InMySteps Run	1 Day	23 rd June	Waterfront, Karen, Nairobi	KES. 1,200

Certifications & Affiliations Our Lead Team



NITA Number: NITA/TRN/1340 | IHRM Agency Number: IHRM NO. C0257

For registration and more information:

+254 726212769 | +254 703 041609 | + 254 020 3673609 | training@riseandlearn.ke